

Counseling Supervision Video 1

Student: Brandon Waggoner

Supervisee: Julie? (I remember her being one of my students)

Perhaps I was misreading your supervisee but she seemed more nervous that you did 😊

You set the stage about asking her about her supervisor. Thereupon, explained the supervision process. Remember to make that an interactive process.

You began exploring goals and what she wants to learn to growth. BTW: When a woman says a woman's brains are like spaghetti, DON'T AGREE :). I might have missed it, but I didn't pick up on why only women. Often this is to avoid seeing the opposite sex.

I liked the fact that she wants her clients to feel heard. You did a nice job providing additional information on that.

Nice job asking to see notes.

I agree homework is a bad name...I sometimes say "tasks"

Afterward you seemed to come to an agreement on the supervision process.

The rest of the session focused on cases. Always good when you can get into cases in the 1st session. I thought you engaged those cases well. I like that you explored her conceptualizations of cases. This is a skill that many younger counselors don't think about.

Many good paraphrases. You attended to her well. As for your reflection paper, you did a nice job of marking skills. On the next one, give a sum of what you experienced, what you liked overall, and what you would do differently.