



Florida Counseling Association

71st ANNUAL CONVENTION

2020 Vision: Obtaining Ethical Clarity in Counseling



Virtual Convention - October 2-3, 2020

Program Artwork Description

“Which path should I choose? Have I considered everything? Does it benefit my client? Will this harm my client?”

Oftentimes, mental health professionals are at a crossroads and must decide the best path to take when making an ethical decision. Engaging in best practices involves considering all factors and variables that might interfere with the outcome of a decision. We owe it to our clients to be vigilant and protective of their well-being.

- *The tree represents the mental health professional. The tree's branches are reaching out in all directions to represent the mental health professional seeking information to make an informed and ethical decision.*
- *The branches of the tree also represent the ethical considerations mental health professionals must keep in mind when making decisions. The intersections of the branches represent difficulties when identifying considerations.*
- *Dual symbolism is represented in the color choice of gray; not everything is black and white when making an ethical decision, but somewhere in between. The dark gray and light gray colors represent the road or forked path that leads to the final decision. The color yellow helps the viewer visualize the road or forked path.”*

-Courtney N. Martensen, MS, LMHC, NCC



About our Artist:

Courtney N. Martensen will be serving as the President-Elect of the Florida Counseling Association (FCA) for the 2020-2021 fiscal year. Courtney is a licensed mental health counselor in Jacksonville, Florida and specializes in working with young children and adolescents. She graduated from the University of North Florida with her master's degree in Clinical Mental Health Counseling in 2015 and is a board-certified counselor. Courtney is currently in the process of completing a 200-hour yoga teacher training to become a registered yoga teacher and plans to incorporate yoga as a treatment modality for young children and adolescents. Additionally, she has created artwork for the FCA's annual conventions since 2016. Courtney's artwork represents convention themes from an abstract point of view.

“No matter where you are in life, be kind.”

-Courtney N. Martensen, MS, LMHC, NCC

Welcome to the 71st Annual Florida Counseling Association Convention

From FCA President Dr. Letitia Browne-James

Dear Colleagues,

Welcome to the Florida Counseling Association's (FCA) 71st Annual Convention! Although our convention looks very different this year due to COVID-19 preventing us from having it face-to-face, we are pleased that you have joined virtually! We appreciate you being here whether you are a first-timer or FCA Convention veteran! Like our previous conventions, we are offering yoga each morning to get you started and prepared to learn and network with your colleagues and friends. Then we have two full days of exciting educational learning sessions for your continuing educational needs.

This year's convention theme is *2020 Vision: Obtaining Ethical Clarity in Counseling*. Ethics is such an integral and often complicated part of our profession. Yet, it is often hard to find a variety of educational opportunities on the topic. That is even more accurate now in this COVID-19 era. The pandemic has forced most of us to move to a Telehealth format to do our counseling, supervision, and consulting work and move our learning and teaching online.

Sadly, we will not have our Sunshine Social nor other face-to-face social events as we usually do during conventions. However, we are still having our graduate student poster sessions and service project. This year, FALGBTIC and FACAC partnered for our service project. They selected two organizations, JASMYN, which supports and empowers youth from the LGBTQ+ community, and Jax Youth Equality, which provides health and wellness needs of youth and families in Jacksonville, FL.

We are also pleased to have our FAMCD Division President, Dr. LaTonya Summers, serve as our keynote to offer words of empowerment and encouragement to us. Additionally, we are offering an ethics panel as our Plenary feature this year, which Dr. Summers will be co-facilitating with one of FAMCD members and FCA Convention Coordinators, Dr. Elisa Niles. Many of our very own FCA members and leaders are serving on this and other panels during the convention.

Despite having a virtual convention, there was still a lot of work planning and executing it for the first time in this format. Therefore, I would like to give a special shout out to Ms. Courtney Martensen, FCA's President-Elect and the fierce Convention Chair, Drs. Elisa Niles and Michele Pinellas, the best Convention Coordinators who worked tirelessly to bring you a great virtual convention, Ms. Vickie Leeming, our dedicated Office Manager who makes administrative magic happen for us, all our talented Divisions Leadership, FCA Executive Board Members and Leaders. Finally, thank you to all Convention Speakers/Presenters, Volunteers, Sponsor (NLU) because none of this would be possible without you!

I look forward to interacting with you over the next few days. As always, please feel free to reach out to me with any questions, comments, ideas, or concerns you have about FCA! Stay safe, and have fun!



Sincerely,

Letitia Browne-James, Ph.D., LMHC-S, NCC

FCA President 2019-2021

Welcome to the 71st Annual

Florida Counseling Association Convention

FCA President-Elect and Convention Committee Chair:

Courtney N. Martensen

Greetings Conference Attendees,

Welcome to the Florida Counseling Association's 71st Annual Convention! We are excited to provide you with our first ever virtual convention, featuring two days of live webinar sessions, poster presentations, a wonderful keynote speaker, as well as both plenary speakers and panelists for discussions on ethics. This year, the convention theme focuses on how to remain ethical as a professional in the counseling field, especially during these challenging and unprecedented times. We have a variety of presentations that involve topics directly relating to maintaining ethical practices. These topics will be useful for counseling professionals, clinical supervisors, counselor educators, clinical researchers, and mental health advocates.

Our service project this year focused on assisting two organizations in Jacksonville, Florida – JASMYN and Jax Youth Equality. JASMYN in Northeast Florida has communicated a lack of counseling professionals who are both competent and experienced in affirming LGBTQAI+ children, youth, and young adults. In order to fill the access-to-care gap in the North East Florida region, we provided members with an opportunity to add their information to an online platform so that individuals can seek quality services from competent and affirming providers.

I would first like to thank our wonderful presenters and volunteers for dedicating their knowledge and time— your contributions provided us with the opportunity to offer a virtual convention. I would also like to thank the FCA Convention Committee members, especially Convention Coordinators, Elisa Niles and Michele Pinellas; Convention Volunteer Coordinator, Christina McGrath-Fair; Technology Chair, Emily Flositz; our Office Manager, Vickie Leeming; and our FCA Executive Board and Division Leaders who joined me on our first endeavor to make a virtual convention come to life. When we work together, we can accomplish amazing things! Thank you all for your patience, compassion, and kindness. I look forward to an exciting and informative convention.



Sincerely,
Courtney N. Martensen, MS, LMHC, NCC
FCA President-Elect 2020-2021
Convention Committee Chair

Thank You to our Graduate Student Convention Volunteers!

Shaun Alladin, BS - Florida International University

Jan Gay - University of Florida

Mercedes Machado, Ed.S, LMHC - University of Florida

Maheshi Pathirana, BA - Florida International University

Zonovia Proctor - University of Central Florida





2020 CONVENTION SCHEDULE-AT-A-GLANCE*

FRIDAY, OCTOBER 2, 2020 SESSIONS

7:00 AM — 8:00 AM	MORNING YOGA BY KENDYL BRESSANT
8:00 AM — 8:15 AM	GRAB SOME COFFEE AND JOIN US AT 8:15 AM
8:15 AM — 8:45 AM	WELCOME AND OPENING REMARKS
8:45 AM — 9:00 AM	TAKE A BREAK AND PREPARE FOR OUR MORNING SESSIONS
9:00 AM — 10:30 AM	CONCURRENT SESSIONS ETHICS, MENTAL HEALTH & JUSTICE: SUPPORTING CLIENTS AT THE MARGINS <i>Presented by Mercedes Machado and Dr. Christina McGrath Fair</i> CUTTING THROUGH THE FOG: HELPING COUNSELORS UNDERSTAND HOW SPIRITUALITY IMPACTS PORNOGRAPHY USE <i>Presented by Christopher L. Ostrander, Melissa J. Ostrander, and Brandon P. Waggoner</i>
10:30 AM — 10:45 AM	TAKE A BREAK — STRETCH — REFRESH
10:45 AM — 12:15 PM	CONCURRENT SESSIONS ONE SIZE DOES NOT FIT ALL: BRIDGING THE CULTURAL SENSITIVITY GAP WHEN WORKING WITH IMMIGRANT FAMILIES <i>Presented by Danna Demezier</i> BEST PRACTICES FOR COUNSELOR EDUCATORS DURING REMOTE LEARNING AND TEACHING <i>Presented by Dr. Jacqueline Williams, Dr. Lameria McRae, and Dr. Jesse Fox</i>
12:15 PM — 1:00 PM	A WORD FROM OUR SPONSOR, AN INTRODUCTION TO THE FCA FOUNDATION, AND LUNCH
1:00 PM — 2:30 PM	PLENARY SESSION — ETHICS PANEL <i>Panelists: Dr. LaTonya Summers, Dr. Elisa Niles, Dr. Eric Davis, Dr. Homer Brown, and Dr. Antwan Player</i>
2:30 PM — 2:45 PM	TAKE A BREAK — STRETCH — REFRESH
2:45 PM — 4:15 PM	CONCURRENT SESSIONS ETHICAL CONSIDERATIONS OF TELE-THERAPY FOR LGBTQ⁺ CLIENTS IN RURAL AREAS <i>Presented by BethAnne Swick</i> A SYNTHESIZED MODEL OF TRAUMA: STRENGTHENING CONCEPTUALIZATION AND THE STANDARD OF ETHICAL PRACTICE <i>Presented by Thomas Foster</i>
4:15 PM — 5:15 PM	POSTER SESSIONS COUNSELING ETHNICALLY DIVERSE DELINQUENT YOUTH: NAVIGATING ETHICAL CONSIDERATIONS <i>Presented by Breahannah Hilaire and Galaxina Wright</i> JUSTICE FOR ALL YOUTH: ADVOCACY, EDUCATION, AND COUNSELING OF JUVENILE DELINQUENTS AROUND THE WORLD <i>Presented by Danna Demezier</i> RESPONDING TO INCIVILITY: SUPPORTING HIGHER EDUCATION STUDENTS' COPING <i>Presented by Jessica L. Tinstman Jones and Laurie O. Campbell</i> THE ROLE OF EMOTIONAL DYSREGULATION IN EATING DISORDERS AND BORDERLINE PERSONALITY DISORDER AND ITS IMPLICATIONS ON TREATMENT <i>Presented by Kacey Monagas</i>
5:15 PM — 5:30 PM	CLOSING STATEMENTS
5:30 PM — 6:30 PM	DIVISION BREAKOUT SESSIONS



Obtaining Ethical Clarity in Counseling



2020 CONVENTION SCHEDULE-AT-A-GLANCE*

SATURDAY, OCTOBER 3, 2020 SESSIONS

7:00 AM — 8:00 AM	MORNING YOGA BY KENDYL BRESSANT
8:00 AM — 8:15 AM	GRAB YOUR COFFEE AND JOIN US MOMENTARILY
8:15 AM — 8:45 AM	WELCOME AND OPENING REMARKS
8:45 AM — 9:00 AM	TAKE A BREAK AND PREPARE FOR OUR MORNING SESSIONS
9:00 AM — 10:30 AM	CONCURRENT SESSIONS BEST PRACTICES OF TELE-SUPERVISION <i>Presented by Dr. Caroline Perjessy</i> SELF-EXPRESSION THROUGH THE ARTS: "THE KIND HEART" WORKSHOP* <i>Presented by Ekaterina Elagina</i> <i>*Please note, this presentation was <u>not</u> approved for continuing education clock hours</i>
10:30 AM — 10:45 AM	TAKE A BREAK — STRETCH — REFRESH
10:45 AM — 12:15 PM	CONCURRENT SESSIONS BEYOND THE PANDEMIC: MAINTAINING COUNSELOR IDENTITY THROUGH PUBLIC HEALTH CRISES <i>Presented by Melissa J. Ostrander, Christopher L. Ostrander, Eric J. Camden, Mary M. Deacon, and Jennifer D. Vincas-Cua</i> THE WHOLE CHILD: SUPPORTING CHILDREN AND FAMILIES IN DISTRESS <i>Presented by Mercedes Machado</i>
12:15 PM — 1:15 PM	LUNCH AND OUR KEYNOTE SPEAKER Keynote Speaker: <i>LaTonya Summers, Ph.D., MAC, NCC, LCAS, LPCS</i>
1:15 PM — 1:45 PM	A WORD FROM OUR SPONSOR AND OUR AWARD PRESENTATIONS
1:45 PM — 2:00 PM	ENJOY A BREAK, GRAB A BEVERAGE, AND JOIN US FOR MORE EXCITING SESSIONS
2:00 PM — 3:30 PM	CONCURRENT SESSIONS LGBTQ+ AFFIRMATIVE INTERSECTIONAL COUNSELING <i>Presented by Dr. Rachel Henesy</i> FROM THE PLAYGROUND TO THE WORKPLACE — BULLYING IS EVERYWHERE: ETHICAL CONSIDERATIONS IN COMBATING WORKPLACE BULLYING <i>Presented by Courtney N. Martensen and Teri L. Wilson</i>
3:30 PM — 3:45 PM	TAKE A BREAK — STRETCH — REFRESH AND JOIN US THE FOLLOWING PANEL DISCUSSION!
3:45 PM — 5:15 PM	ETHICS IN LEADERSHIP PANEL DISCUSSION <i>Panelists: Daniel Balva, Michelle Bradham-Cousar, Dr. Caroline Perjessy, Courtney N. Martensen, and Dr. John Super</i> <i>Moderator: Dr. Cecilia Butler-Guyton</i>
5:15 PM — 5:30 PM	CLOSING STATEMENTS

*All times are Eastern Standard Time. Schedule is tentative and subject to change.

13 hours of continuing education clock hours (CEs) offered.

Note: No CE's offered for Friday's poster sessions.

2020
VISION

Obtaining Ethical Clarity in Counseling

2020 Keynote Speaker



Dr. LaTonya Summers

***Ethics in 2020:
Yielding to the Year of Imperfection***

Brief Presentation Description:

In this keynote address, Dr. LaTonya Summers shares insight, experiences, and a reframed perspective gleaned from her impressive career of 24 years.

About Our Keynote Speaker:

Dr. LaTonya Summers is an award-winning assistant professor of clinical mental health counseling at Jacksonville University. There, she brings 24 years of clinical mental health and addictions counseling experience, and conducts research on multicultural issues in counseling and supervision. Her work is featured in scholarly journals and at national and international professional conferences. Summers founded the national annual Black Mental Health Symposium, a conference aimed to equip mental health professionals with culturally-specific skills to improve mental wellness in Black communities. She serves as the president of the Florida Association for Multicultural Counseling and Development. Dr. Summers has been featured in O Magazine.

PLENARY SESSION PANELISTS



LaTonya Summers, Ph.D., MAC, NCC, LCAS, LPCS

Dr. LaTonya Summers is an award-winning assistant professor of clinical mental health counseling at Jacksonville University. There, she brings 24 years of clinical mental health and addictions counseling experience, and conducts research on multicultural issues in counseling and supervision. Her work is featured in scholarly journals and at international and national professional conferences. Dr. Summers founded the national annual Black Mental Health Symposium, a conference aimed to equip mental health professionals with culturally-specific skills to improve mental wellness in Black communities.

She serves as the President of the Florida Association for Multicultural Counseling and Development (FAMCD). Dr. Summers has been featured in *O Magazine*.

Elisa A. Niles, Ph.D., LMHC-S, NCC, CCTP, CCMHC, RPT-S

Dr. Niles currently serves as the Clinical Director for the Southwest Florida Counseling Center. She is a Licensed Mental Health Counselor in the State of Florida, a Board Certified Counselor, and a qualified supervisor for mental health interns and marriage and family therapist interns.

Dr. Niles is a 2016 recipient of the National Board of Certified Counselor- Minority Fellowship Program. She completed her education at the University of the Virgin Islands and Argosy University. Dr. Niles completed her Ph.D. in Counselor Education and Supervision at Walden University. Her dissertation examined the Impact of Trauma on Reoccurring Homelessness in the U. S. Virgin Islands.



Dr. Niles served as the Membership Chair of Chi Sigma Iota-Omega Zeta Chapter, Community Lay Director for the Suncoast Emmaus Community, and Member-at-Large for the Florida Association for Multicultural Counseling and Development (FAMCD). She currently serves on the Board of Directors for Florida Mental Health Counselors Association, Chair of the Continuing Education Committee for the Florida Association for Play Therapy, and Coordinator for the Florida Counseling Association Convention Committee. She has presented at local, state, and national conferences.



Homer Brown, Ph.D., LMHC, NCC, CAP

Dr. Brown is licensed in the state of Florida as a Licensed Mental Health Counselor and a Florida Qualified Supervisor. Additionally, he is a National Board-Certified Counselor (NCC), a Florida certified school guidance counselor, and an adjunct professor for two Christian based universities, Barry University and Palm Beach Atlantic University. Dr. Brown is the founder and owner of Right Mind Counseling and Consultation, an agency that focuses on providing mental health services to God's people using a biblical foundation. Dr. Brown received his Ph.D. from Barry University and has worked in the mental health field for over 12 years serving various clients with diverse issues.

Dr. Brown is a member of several professional counseling organizations including the National Board for Certified Counselors (NCC), Association of Multicultural Development (AMCD), Florida Counseling Association (FCA), and the Florida

Association for Multicultural Development (FAMCD). Dr. Brown is the President-Elect for the FAMCD and he serves as a mentor for newly awarded scholars and recipients of the National Board for Certified Counselor Foundation's doctoral Fellowship Awards.

PLENARY SESSION PANELISTS



Eric S. Davis, Ph.D., NCC, SB-RPT

Dr. Eric S. Davis is a counselor educator at the University of South Florida. He has worked in a juvenile detention center and special education, elementary, and high schools. Dr. Davis is a Florida certified school counselor, National Certified Counselor, and School-Based Registered Play Therapist. His current research areas include chronic illness and school-based issues, employing play therapy to work with language and behavior difficulties, stay-at-home-dads, and creative counselor education pedagogy.

Antwan Player, Ed.D., LMHC, LPCC

Dr. Antwan Player is a full-time core faculty instructor at Adler Graduate School located in Minnetonka, Minnesota. Antwan holds two licenses, one in Minnesota as a Licensed Professional Clinical Counselor (LPCC) and another in Florida as a Licensed Mental Health Counselor (LMHC). Antwan currently is the Ethics Chair for the Minnesota Counseling Association and is a member of various organizations. Dr. Player received his bachelor's degree from the University of Florida and his master's in mental health counseling from Webster University. He concluded his educational journey by obtaining his doctoral degree in counselor education and supervision from Argosy University in 2018.



Dr. Player's clinical philosophy focuses on helping individuals reach self-actualization and has worked with several different populations, including high-risk adolescents, parenting enhancement, and individuals of the LGBTQ community. From an educational standpoint, Dr. Player's goal is for every student to walk away understanding the impact they will have on their community and society. Students are more than just pupils, but rather the next wave of intellectuals that will contribute to the profession, and society.

Zoom Etiquette Guidelines

Mute your microphone

To help keep background noise to a minimum, please mute your microphone when you aren't speaking.

Be mindful of background noise

When your microphone isn't muted, avoid activities that could create additional noise such as shuffling papers.

Position your camera properly

If you choose to use a web camera, be sure it is in a stable position and focused at eye level if possible. Doing so helps create a more direct sense of engagement with our participants.

Business professional or business casual attire is strongly recommended.

Limit distractions

You can make it easier to focus on the meeting by turning off notifications, closing or minimizing running apps, and muting your smartphone.

Avoid multitasking

You'll retain the discussion better if you refrain from replying to emails or text messages during the meeting and waiting to work on that PowerPoint presentation until after the meeting ends.

Prepare materials in advance

If you will be sharing content during the meeting, make sure you have the files and/or links ready to go before the meeting begins.

Have a pen and notebook or enter notes digitally via your preferred program.

NOTE: SESSIONS WILL BE RECORDED

CONTINUING EDUCATION INFORMATION

The programs for this Virtual 2020 FCA Annual Convention have been pre-approved for a total of THIRTEEN (13) continuing education clock hours (CEs) by:



The *National Board of Certified Counselors (NBCC)* Provider #2010.



The *Florida Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counselors* Provider BAP#50-15249.

PLEASE NOTE, THE FOLLOWING SESSION WAS DENIED CONTINUING EDUCATION APPROVAL:

*Saturday, October 3, 2020 at 9:00 a.m.
"Self-Expression Through the Arts: "The Kind Heart" Workshop
Presented by Ekaterina Elagina*

CERTIFICATION PROCEDURES

PLEASE READ THE FOLLOWING TO FAMILIARIZE YOURSELF WITH THE PROCESS. AT EACH SESSION YOU ATTEND YOU ARE RESPONSIBLE FOR:

1. **ARRIVING ON TIME.** At any time, if you have any questions regarding these procedures, please send a chat message to the session volunteer.

Note: Per the credentialing/licensing boards, an attendee is allowed **ONLY 10 minutes of absentee time during each session (including arriving late) to qualify for CEs. In addition, partial credit is not awarded.**

2. **SIGNING-IN.** Sign-in at the beginning of **EACH SESSION**. An online sign-in link will be provided at the beginning in the Chat section to sign into each session electronically. If you have problems with the link, please sign-in via the Chat feature with your first and last name.
3. As appropriate, during the session, we invite you to **PARTICIPATE** via the Chat feature.
4. **COMPLETING THE SESSION EVALUATION SURVEY.** An online survey link will be provided to you via the Chat feature toward the end of the session. You will have up to 15 minutes after the session to complete.

Your feedback is important to the presenter (s) and the FCA Convention Committee. Completing these surveys are also required for those seeking CE credit for sessions. Therefore, thank you in advance for your feedback and

CONTINUING EDUCATION INFORMATION (CONTINUED)

cooperation. Be sure to click FINISH when you are done with the survey to ensure yours is recorded.

The Session Evaluation Survey link will not be resent later during the day.

Please note there is a 15 minute transition period between sessions to allow you to comfortably complete the **SESSION EVALUATION FORM** and take a refreshing break between sessions. The link will close at the beginning of the next session.

5. **RECORDING** your attendance on the “**SESSION SCHEDULE AND RECORD OF ATTENDANCE**” pages included herein.

Based on your Convention Registration, your certifications and/or licenses have been noted in the certification database. Thank you for your cooperation in following the above procedures.

ISSUANCE OF YOUR CERTIFICATE(S) OF ATTENDANCE AFTER THE CONVENTION

The **Certificate of Attendance** will only be issued after your attendance is verified by **BOTH** your Sign-In Sheet record and a completed Session Evaluation Survey and then cross-checked with your Conference registration data.

A single **Certificate of Attendance** covering both NBCC and the Florida Board will be issued within 30 days after the close of the Convention.

CERTIFICATES SENT VIA EMAIL

As indicated in your Convention Registration Form, you will receive an original Certificate of Attendance via email within 30 days. **THIS WILL BE SENT AS A SECURED PDF FILE TO THE EMAIL ADDRESS AS SHOWN IN YOUR REGISTRATION INFORMATION.** If you wish your Certificate to be sent to a different email address, please contact the FCA Office (fcaoffice@flacounseling.org) immediately following the Convention.

SUBMITTING YOUR CERTIFICATES OF ATTENDANCE

For those earning NBCC CEs, please submit your Certificate of Attendance as their policy dictates. For those earning Florida Board CEs, we will email you a copy as well as upload your Certificate to the Florida CE Broker website. For this purpose only, we have requested your licensure number in order to facilitate this process more efficiently.

KEEP A COPY!

You are encouraged to retain a copy of your Certificate(s), i.e., save the email in a safe location and/or print a copy. We also encourage you keep your copy of this Convention program for your records in order to provide session descriptions if needed by your certification or licensure board(s).

Attendance Verification

Attendance Verifications will only be issued upon the conclusion of the Convention once session attendance is verified through Sign-In Records and Session Evaluation Forms. To request a "**Verification of Attendance**" form, please complete the page in your Convention Program entitled "**For Your Records.**" Send a copy of this page (or send a list of the sessions you attended) to the FCA office at fcaoffice@flacounseling.org with the subject line: *Attendance Verification Request*. Attendance verifications will be sent via email, as a secured PDF file, to the email address found on your Convention Registration Form within seven to 10 days following the Convention.



FOR YOUR RECORDS

(A record of sessions attended and CEs earned)

FCA 2020 VIRTUAL CONVENTION

“2020 Vision: Obtaining Ethical Clarity in Counseling”

October 2 – October 3, 2020

FRIDAY, OCTOBER 2, 2020

SESSION TITLES	CEs	✓ if Attended	CEs Earned
9:00 A.M. CONCURRENT SESSIONS			
<i>Ethics, Mental Health & Justice: Supporting Clients at the Margins</i>	1.5	_____	_____
<i>Cutting Through the Fog: Helping Counselors Understand How Spirituality Impacts Pornography Use</i>	1.5	_____	_____
10:45 A.M. CONCURRENT SESSIONS			
<i>One Size Does Not Fit All: Bridging the Cultural Sensitivity Gap When Working with Immigrant Families</i>	1.5	_____	_____
<i>Best Practices for Counselor Educators During Remote Learning and Teaching</i>	1.5	_____	_____
1:00 P.M. PLENARY SESSION – ETHICS PANEL	1.5	_____	_____
2:45 P.M. CONCURRENT SESSIONS			
<i>Ethical Considerations of Tele-Therapy for LGBTQ+ Clients in Rural Areas</i>	1.5	_____	_____
<i>A Synthesized Model of Trauma: Strengthening Conceptualization and the Standard of Ethical Practice</i>	1.5	_____	_____
TOTAL CEs EARNED TODAY			=====

SATURDAY, OCTOBER 3, 2020

SESSION TITLES	CEs	✓ if Attended	CEs Earned
9:00 A.M. CONCURRENT SESSIONS			
<i>Best Practices of Tele-Supervision</i>	1.5	_____	_____
<i>Self-Expression Through the Arts: “The Kind Heart” Workshop*</i>	0.0	_____	0.0
10:45 A.M. CONCURRENT SESSIONS			
<i>Beyond the Pandemic: Maintaining Counselor Identity Through Public Health Crises</i>	1.5	_____	_____
<i>The Whole Child: Supporting Children and Families in Distress</i>	1.5	_____	_____
12:15 P.M. KEYNOTE SPEAKER – DR. LATONYA SUMMERS	1.0	_____	_____
2:00 P.M. CONCURRENT SESSIONS			
<i>LGBTQ+ Affirmative Intersectional Counseling</i>	1.5	_____	_____
<i>From the Playground to the Workplace — Bullying is Everywhere: Ethical Considerations in Combating Workplace Bullying</i>	1.5	_____	_____
3:45 P.M. ETHICS IN LEADERSHIP PANEL DISCUSSION	1.5	_____	_____
TOTAL CEs EARNED TODAY			=====

GRAND TOTAL OF CEs EARNED =====

Please be sure to review the certification information and procedures as indicated in this program by the credentialing/licensure boards. You are encouraged to retain a copy of this program with your records along with a copy of the Certificate of Attendance upon receipt.

*Not approved for CEs

FLORIDA COUNSELING ASSOCIATION
 2750 Taylor Avenue, A36, Orlando, FL 32806
 FCA Office: fcaoffice@flacounseling.org / FCA Website: www.flacounseling.org

FRIDAY, OCTOBER 2, 2020

[Morning Yoga with Kendyl Bressant](#) 7:00 AM - 8:00 AM

[Welcome and Opening Remarks](#) 8:15 AM - 8:45 AM

[15 Minute Break](#) 8:45 AM - 9:00 AM

Concurrent Educational Sessions 9:00 AM - 10:30 AM

<p>Session 1*</p> <p>9:00 am-10:30 am</p> <p><i>*This session is now at 2:45 p.m. today</i></p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>Ethical Considerations of Tele-Therapy for LGBTQ+ Clients in Rural Areas</p> <p>BethAnne Swick, MEd, LPCC-S</p> <p>This presentation discusses various ethical concerns counselors should consider before utilizing teletherapy with LGBTQ+ clients residing in rural areas. In this presentation, participants will learn how to identify and effectively address the unique concerns of LGBTQ+ clients in rural areas and how it ethically impacts the delivery of telehealth services.</p>
<p>Session 2</p> <p>9:00 am-10:30 am</p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>Cutting Through the Fog: Helping Counselors Understand How Spirituality Impacts Pornography Use</p> <p>Brandon Waggoner, MA, MS, LPC, NCC, Christopher L. Ostrander, MA, LCMHC, LMHC, Melissa J. Ostrander, MA, LCMHC, LMHC</p> <p>A current void exists in counselor training in two distinct areas: Addressing client spirituality, and pornography use. This presentation addresses the intersection of religious clients whose values oppose their own pornography use. Ethical implications will be discussed along with a conceptual framework for working with this population.</p>

[15 Minute Break](#) 10:30 AM - 10:45 AM

Concurrent Educational Sessions 10:45 AM - 12:15 PM

<p>Session 1</p> <p>10:45 am-12:15 pm</p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>One Size Does Not Fit All: Bridging the Cultural Sensitivity Gap When Working with Immigrant Families</p> <p>Danna Demezier, LMHC, NCC</p> <p>Immigration is commonplace in American society. Mental health providers have an ethical obligation and professional responsibility to engage in best practices when working with diverse individuals like immigrants. It is essential that helping professionals incorporate cultural elements to honor the multicultural perspectives of their clients when providing culturally responsive treatment.</p>
<p>Session 2</p> <p>10:45 am-12:15 pm</p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>Best Practices for Counselor Educators During Remote Learning and Teaching</p> <p>Jacqueline L. Williams, Ph.D., LMFT, Lameria McRae, Ph.D., LMHC, and Jesse Fox, Ph.D., NCC</p> <p>With the sudden shift in teaching and learning, this presentation will review best practices, ethical guidelines, and standards set forth by CACREP and the State of Florida that have been modified for counseling graduate students since the onset of the COVID-19 pandemic. Presenters will discuss how to maintain ethical standards and implement best practices for Site-Supervisors, students, and Counselor Educators while implementing remote learning and teaching. Further discussion will include the impact on content courses, Practicum, and Internship experiences for counseling graduate students.</p>

[Lunch and Introduction to the FCA Foundation](#) 12:15 PM - 1:00 PM

<p>Plenary Session</p> <p>1:00 pm-2:30 pm</p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p style="text-align: center;"><u>Plenary Speakers</u></p> <p style="text-align: center;"><u>Providing Ethical Practice During a Pandemic</u></p> <p style="text-align: center;">Panelists: LaTonya Summers, Ph.D., MAC, NCC, LCAS, LPCS,</p> <p style="text-align: center;">Elisa Niles, Ph.D., LMHC-S, NCC, CCTP, CCMHC, RPT-S,</p> <p style="text-align: center;">Eric S. Davis, Ph.D., NCC, SB-RPT,</p> <p style="text-align: center;">Homer Brown, Ph.D., LMHC, NCC, CAP,</p> <p style="text-align: center;">Antwan Player, Ed.D., LMHC, LPCC</p> <p style="text-align: center;"><i>On this panel presentation, Drs. Homer Brown, Eric Davis, and Antwan Player will present and discuss ethical considerations such as client welfare, counselor responsibilities, and providing telehealth under COVID-19 restrictions. This panel will be moderated by Drs. Elisa Niles and LaTonya Summers.</i></p>
15 Minute Break 2:30 PM - 2:45 PM	
Concurrent Educational Sessions 2:45 PM - 4:15 PM	

<p>Session 1*</p> <p>2:45 pm-4:15 pm</p> <p><i>*This session is now at 9:00 a.m. today</i></p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>Ethics, Mental Health & Justice: Supporting Clients at the Margins</p> <p>Mercedes Machado, LMHC and Christina McGrath Fair, Ph.D., LMHC</p> <p>Presenters will share research related to the psychological injury caused by racism and racial trauma and discuss relevant interventions to support clients at the margins of society. Participants will have an opportunity to reflect on their salient identities and the ways they can use their privileges and skills to uplift, support and advocate for clients most impacted by oppression.</p>
<p>Session 2</p> <p>2:45 pm-4:15 pm</p> <p>Click on Session Title to Join via Zoom</p> <p>1.5 CE</p>	<p>A Synthesized Model of Trauma: Strengthening Conceptualization and the Standard of Ethical Practice</p> <p>Thomas Foster, Ph.D.</p> <p>We present a synthesized trauma model that utilizes parts of EMDR, Sensorimotor Psychotherapy, and Betrayal Trauma Theory that helps explain the etiology and functionality of criteria of psychological disorders of the DSM-5. Counselors will gain a new perspective of trauma, advanced conceptualization skills, psychoeducational content, and integrated treatment approaches.</p>

Poster Sessions 4:15 PM - 5:15 PM

<p>Poster Sessions</p> <p>4:15 pm-5:15 pm</p> <p>Click on “Poster Sessions” to Join via Zoom</p>	<p>COUNSELING ETHNICALLY DIVERSE DELINQUENT YOUTH: NAVIGATING ETHICAL CONSIDERATIONS <i>Presented by Breahannah Hilaire, MA, NCC and Galaxina G. Wright, MA</i></p> <p>JUSTICE FOR ALL YOUTH: ADVOCACY, EDUCATION, AND COUNSELING OF JUVENILE DELINQUENTS AROUND THE WORLD <i>Presented by Danna Demezier, LMHC, NCC</i></p> <p>RESPONDING TO INCIVILITY: SUPPORTING HIGHER EDUCATION STUDENTS’ COPING <i>Presented by Jessica L. Tinstman Jones, Ed.S., M.Ed. and Laurie O. Campbell</i></p> <p>THE ROLE OF EMOTIONAL DYSREGULATION IN EATING DISORDERS AND BORDERLINE PERSONALITY DISORDER AND ITS IMPLICATIONS ON TREATMENT <i>Presented by Kacey Monagas, BA</i></p>
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Closing Statements 5:15 PM - 5:30 PM

<p><u>Division Meetings</u></p> <p>5:30 pm - 6:30 pm</p> <p>Come and learn about the amazing work of FCA Divisions! Get involved!</p>	<p>FACAC — Florida Association for Child and Adolescent Counseling</p> <p>FACES — Florida Association for Counselor Education and Supervision</p> <p>FALGBTIC — Florida Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling</p> <p>FAMCD — Florida Association for Multicultural Counseling and Development</p> <p>FAMFC — Florida Association of Marriage and Family Counselors</p> <p>FASERVIC — Florida Association for Spiritual and Ethical Values in Counseling</p> <p>FCDA — Florida Career Development Association</p>
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SATURDAY, OCTOBER 3, 2020

[Morning Yoga with Kendyl Bressant](#) 7:00 AM - 8:00 AM

[Welcome and Opening Remarks](#) 8:15 AM - 8:45 AM

[15 Minute Break](#) 8:45 AM - 9:00 AM

Concurrent Educational Sessions 9:00 AM - 10:30 AM

Session 1

9:00 am-10:30 am

*Click on **Session Title** to
Join via Zoom*

1.5 CE

[Best Practices of Tele-Supervision](#)

Caroline Perjessy, Ph.D., LPC, LMHC

Clinical supervisors are tasked with overseeing client care, fostering supervisee development, and gatekeeping. Supervisors who operate at a distance have an additional responsibility to prepare supervisees for tele-supervision, model appropriate tele-practice, and address potential threats to confidentiality. This presentation addresses best practices of tele-supervision, common ethical issues that arise from tele-practice, and strategies to prepare for and address ethical dilemmas in tele-supervision.

Session 2

9:00 am-10:30 am

*Click on **Session Title** to
Join via Zoom*

CE not provided

[Self-Expression Through the Arts: 'The Kind Heart' Workshop](#)

Ekaterina Elagina, BA

The presentation will describe the use of "The Kind Heart" workshop in counseling sessions to promote a sense of well-being, reduce stress, and provide relaxation. It will also review current studies that share evidence of the therapeutic benefits of utilizing arts to increase brain connectivity through visual and cognitive stimulation.

MATERIALS NEEDED:

Option 1:

- ❖ Air-dry clay (modeling material) - 4 oz
- ❖ Paint (favorite color)/paint set - acrylic or gouache
- ❖ All media brush, size 10 or similar
- ❖ A sheet of printing paper
- ❖ Scissors
- ❖ Permanent marker
- ❖ Bowl for water
- ❖ Paper towels
- ❖ A piece of parchment paper to protect the desk
- ❖ Glitter sequins/beads/any small items for decoration

Option 2:

- ❖ Non-hardening modeling clay or air-dry clay in any bright color - 4 oz
- ❖ A sheet of printing paper
- ❖ Scissors
- ❖ Permanent marker
- ❖ A piece of parchment paper to protect the desk
- ❖ Paper towels

15 Minute Break 10:30 AM - 10:45 AM	
Concurrent Educational Sessions 10:45 AM - 12:15 PM	
<p>Session 1</p> <p>10:45 am-12:15 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1.5 CE</p>	<p><u>Beyond the Pandemic: Maintaining Counselor Identity Through Public Health Crisis</u></p> <p>Eric J. Camden, Ph.D., LPC, NCC, ACS, Mary M. Deacon, Ph.D., LPC, NCC, CCMHC, ACS, Christopher L. Ostrander, MA, LCMHC, LMHC, Melissa J. Ostrander, MA, LCMHC, LMHC, && Jennifer D. Vincas-Cua, Ph.D., LMHC, LPC, ACS, NCC</p> <p>Public health crises such as COVID-19 present rapid changes to clinical practice. Modifications to regulations during crises create a plethora of unintended ethical pitfalls which can harm counselor identity. A conceptual framework model is presented to accurately and effectively ensure counselors remain ethically grounded in counselor identity during public crises.</p>
<p>Session 2</p> <p>10:45 am-12:15 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1.5 CE</p>	<p><u>The Whole Child: Supporting Children and Families in Distress</u></p> <p>Mercedes Machado, LMHC</p> <p>This presentation will allow participants to engage in dialogue about what means to look at the whole child embedded within a larger system and various subsystems. Often when we work with children to provide social and emotional support, we need to look at the dynamics of their family system and the community they are a part of in order to provide the best quality of care. This presentation will also provide participants with psycho-education related to how trauma, crisis and stress impacts children and families. There will be opportunities for large group and small group discussions specifically related to ethics and justice in this work.</p>
Lunch and Keynote Speaker 12:15 PM - 1:15 PM	
<p>Keynote Speaker Session</p> <p>12:15 pm-1:15 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1 CE</p>	<p><u>Keynote Speaker</u></p> <p><u>Ethics in 2020: Yielding to the Year of Imperfection</u></p> <p>Presented by Dr. LaTonya Summers</p> <p>In this keynote address, Dr. LaTonya Summers shares insight, experiences, and a reframed perspective gleaned from her impressive career of 24 years.</p>
<u>FCA Award Presentations</u> 1:15 PM - 1:45 PM	

Concurrent Educational Sessions 1:45 PM - 3:15 PM

<p>Session 1</p> <p>1:45 pm-3:15 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1.5 CE</p>	<p><u>LGBTQ⁺ Affirmative Intersectional Counseling</u></p> <p>Rachel Henesy, Ph.D., NCC</p> <p>LGBTQ⁺ clients are impacted by mental health disparities and barriers to care. Research has shown that such disparities are related to stigma, and are currently and historically enacted through social structures. Additional stigma and barriers may exist for LGBTQ⁺ people who also hold other marginalized identities, highlighting the ethical imperative for intersectional approaches.</p>
<p>Session 2</p> <p>1:45 pm-3:15 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1.5 CE</p>	<p><u>From the Playground to the Workplace – Bullying is Everywhere: Ethical Considerations in Combating Workplace Bullying</u></p> <p>Courtney N. Martensen, MS, LMHC, NCC and Teri L. Wilson, MA, LMFT</p> <p>Professional counselors have an ethical duty to ensure that best practices are followed within the workplace. Professional counselors are at risk for experiencing the negative impacts of bullying which can inadvertently negatively impact their clients. This lecture will provide an overview of how bullying is defined and understood in the workplace, as well as psychoeducation regarding the negative consequences that can result from workplace bullying. Furthermore, the lecture will also provide solutions to combat bullying experiences in order to permit continued productivity in the workplace while following ethical standards.</p>

[15 Minute Break 3:15 PM - 3:30 PM](#)

<p>3:30 pm-5:00 pm</p> <p><i>Click on Session Title to Join via Zoom</i></p> <p>1.5 CE</p>	<p><u>Ethics in Leadership Panel Discussion</u></p> <p>“Leadership: What's It All About?”</p> <p>This program will cover the various aspects of leadership which include but are not limited to professional disposition, advocacy, and gaining insight into a broader aspect of the profession and organization.</p> <p>Panelists:</p> <p>Daniel Balva, MS, NCC, CRC Michelle Bradham-Cousar, MA, CRC, ABD, Caroline Perjessy, Ph.D., LPC, LMHC, Courtney N. Martensen, MS, LMHC, NCC John Super, Ph.D., NCC, LMFT</p> <p>Moderator:</p> <p>Cecilia Butler-Guyton, Ed.D., LMHC</p>
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[FCA 2020 Closing Statements 5:00 PM - 5:15 PM](#)

FCAF



**Florida Counseling Association
Foundation**

The Florida Counseling Association Foundation enhances counselors and counselors-in-training ability to be culturally competent service providers through the provision of professional development opportunities, leadership training, and social justice advocacy.

The Florida Counseling Association Foundation's vision is to provide professional counselors with evidenced based educational opportunities and financial resources to promote the well-being of the Florida Counseling Association and our constituents throughout the State of Florida.

The Florida Counseling Association Foundation 's Goals:

To increase awareness of the Foundation and it Goals throughout FCA, with other organizations on a state, regional and national level.

Support students in graduate counseling programs through the underwriting of scholarships that enable attendance at FCA Annual Conventions, Graduate Student Symposiums, and other venues that encourage involvement and excellence.

Develop Emerging Leaders and Advocates in the counseling profession by providing scholarships that support their participation in the FCA Leadership Development Institute (LDI).

Enter into partnerships with other organizations.

Board of Directors

2020 — 2023

fcafoundation.1@gmail.com

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71ST FLORIDA COUNSELING ASSOCIATION CONVENTION



2020 Vision:

Obtaining Ethical Clarity in Counseling

October 2 & 3, 2020 | Virtual

Each year, we help make a community difference for our service project. JASMYN is the organization of the year.

JASMYN Purpose: supports and empowers LGBTQ young people by creating safe space, providing health and wholeness services and offering youth development opportunities, while bringing people and resources together to promote equality and human rights.

JAX Youth Equality Purpose: a community coalition providing medical and mental health resources, youth and family information, awareness, advocacy, safe places, community education, school initiatives and more to advance the health and well-being of all children and youth in Jacksonville.

FCA partnership with JASMYN & JAX Youth Equality Purpose: to help fill the access-to-care gap, particularly in mental/behavioral health services, for LGBTQAI⁺ youth in the northern Florida area.

FCA is tasked with assisting the organizations in distributing a call for mental health providers who are competent in affirming evidence-based practices to help fill the access-to-care gap. Information for qualified mental/behavioral health care services may be found [here](#).



THANK YOU TO OUR SPONSOR: NATIONAL LOUIS UNIVERSITY!



HISTORY

- Founded in 1886 by Elizabeth Harrison, a pioneer progressive educator who was instrumental in the formation of the kindergarten movement and Parent Teacher Association
- In 1988, the National Louis University's Florida Regional Center, located in Tampa, serves students over 16 counties in central Florida.
- **Current NLU program offerings: Online and Onsite degree programs:**
 - **M.S. COUNSELING**
 - **EDD. COUNSELING EDUCATION & SUPERVISION**
 - **EDS. SCHOOL PSYCHOLOGY**
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Provide holistic professional preparation to today's nontraditional students through:

- Delivering professionally relevant quality education
- Comprehensively meeting your needs in the context of complex lives
- Fostering the opportunity and capacity to make a difference in your professions and communities

CONTACT INFORMATION

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Thank you for attending the
2020 FCA Virtual Convention!
Stay Safe and Ethical!



Save the Date for Next Year's
Convention:
September 30 - October 2, 2021

We hope to see you there!