



VIRGINIA COUNSELORS ASSOCIATION

NBCC Verification Form

VCA Virtual Convention
November 12-14, 2020

Name of LPC:	License #:
Name of NBCC Certificant:	NBCC #:

The person identified above participated in the following professional activities (Check all that Apply):

Program Sessions 11/12/2020		CE Hours
Session 1 (8:00 am - 9:00 am)		
<input type="checkbox"/>	1GC - Morning Mindfulness Practice Group	<input type="checkbox"/> 1
Session 2 (10:15 am – 11:15 am)		
<input type="checkbox"/>	2GC - All Dogs Have Read Carl Rogers: Moving Through the Pills and Ills of Society to Prevention through Counseling (KEYNOTE SPEAKER)	<input type="checkbox"/> 1
Session 3 (11:30 am - 12:30 pm) - Mark title of session 3 attended		
<input type="checkbox"/>	3AS - Self-Care in the New Normal: Effective Stress Management Strategies for Counselors	<input type="checkbox"/> 1
<input type="checkbox"/>	3CC - Grief Counseling: The Helpless Role of Companionship the Bereaved	<input type="checkbox"/> 1
<input type="checkbox"/>	3CEC - Promoting Student Voice in Counselor Education: Lessons Learned from a Program Evaluation of Multicultural Competence and Climate	<input type="checkbox"/> 1
<input type="checkbox"/>	3CSE - Social Justice & Leadership: The Intersection ETHICS	<input type="checkbox"/> 1
<input type="checkbox"/>	3SH - Sowing Suicide Postvention Seeds in K-12 Schools	<input type="checkbox"/> 1
<input type="checkbox"/>	3SP - Physically Distant, Emotionally Connected: Helping Children and Families Navigate Separation	<input type="checkbox"/> 1
Session 3A (12:30 pm - 1:30 pm)		
<input type="checkbox"/>	3AGP - Social Justice League at the Roundtable	<input type="checkbox"/> 1
Session 4 (1:30 pm - 2:30 pm) - Mark title of session 4 attended		
<input type="checkbox"/>	4AS - Planting Seeds of Growth: Authoring Stories of Resilience	<input type="checkbox"/> 1
<input type="checkbox"/>	4CC - Introduction to Counseling via Telehealth	<input type="checkbox"/> 1
<input type="checkbox"/>	4CSE - Cultivating Evaluation for Case Conceptualization in a Clinical Setting: Using a Critical Thinking Framework CLINICAL SUPERVISION	<input type="checkbox"/> 1
<input type="checkbox"/>	4SH - Digging Deeper to Plant Seeds for Holistic Wellness and Life Satisfaction in K-12 Students	<input type="checkbox"/> 1
<input type="checkbox"/>	4SP - From Mr. Roger’s Neighborhood to the Counseling Office: Using earned- secure attachment to impact emotional regulation in trauma survivors	<input type="checkbox"/> 1
Session 5 (2:45 pm – 3:45 pm) - Mark title of session 5 attended		
<input type="checkbox"/>	5CC - Trust the Process: Humanism in Addictions Counseling	<input type="checkbox"/> 1
<input type="checkbox"/>	5CSE-Promoting Student Wellness & Counselor Self-Efficacy through Mindfulness CLINICAL SUPERVISION	<input type="checkbox"/> 1
<input type="checkbox"/>	5SH - Career Development for the Future Workforce	<input type="checkbox"/> 1
<input type="checkbox"/>	5SP – Updates from the Virginia Board of Counseling	<input type="checkbox"/> 1
Session 6 (4:00 pm - 5:00 pm) - Mark title of session 6 attended		
<input type="checkbox"/>	6AS - Meaning Making in Troubled Times: Co-Construction Strategies for Thriving	<input type="checkbox"/> 1
<input type="checkbox"/>	6CEC - It's Not My Job to Stay Quiet So You Can Stay Comfortable: Narrative Group Counseling with Survivors of Complex Trauma	<input type="checkbox"/> 1
<input type="checkbox"/>	6CSE - Duty to Warn and Duty to Protect: Ethical & Legal Responsibilities with Non-Clients ETHICS	<input type="checkbox"/> 1
<input type="checkbox"/>	6SP - Providing Counseling to Boys and Men of Color: Culturally Sensitive Theory and Practice	<input type="checkbox"/> 1

Program Sessions 11/13/2020		CE Hours
Session 7 (8:00 am - 9:00 am)		
<input type="checkbox"/>	7GC - Morning Mindfulness Practice Group	<input type="checkbox"/> 1
Session 8 (9:00 am – 10:00 am) - Mark title of session 8 attended		
<input type="checkbox"/>	8CC - Am I Racist? How can walking in each other's shoes influence change and encourage healing?	<input type="checkbox"/> 1

<input type="checkbox"/>	8CEC - Residency Rewind: Tips and Tricks from Our First Year on the Job	<input type="checkbox"/>	1
<input type="checkbox"/>	8CSE - VCA Ethics Committee - 2020 Updates and Contemporary Ethical Considerations ETHICS	<input type="checkbox"/>	1
<input type="checkbox"/>	8SH - Sowing Seeds for the Sweet 16...Career Clusters!	<input type="checkbox"/>	1
<input type="checkbox"/>	8SP - Intuitive Eating, an Alternative to Destructive Diet Culture	<input type="checkbox"/>	1
Session 9 (10:15 am – 11:15 am) - Mark title of session 9 attended			
<input type="checkbox"/>	9CC - "Mile Markers": Spiritual Symbolism, Resilience, and Change	<input type="checkbox"/>	1
<input type="checkbox"/>	9CEC - Female Faculty: Factors for Success in Christian and Non-Christian Institutions	<input type="checkbox"/>	1
<input type="checkbox"/>	9CSE - Ethics of Spiritual Integration ETHICS	<input type="checkbox"/>	1
<input type="checkbox"/>	9SH - School Counselor Intern Preparedness: The COVID-19 Internship Experience	<input type="checkbox"/>	1
Session 10 (11:30 am – 12:30 pm) - Mark title of session 10 attended			
<input type="checkbox"/>	10AS - Increasing Your Effectiveness in Treating Trauma with Parallel Process	<input type="checkbox"/>	1
<input type="checkbox"/>	10CC - Perspectives in Suicide: Researcher, Clinician, Educator, Family Survivor	<input type="checkbox"/>	1
<input type="checkbox"/>	10CSE - Navigating Ethical Best Practices and Unique Legal Issues Amidst COVID-19 ETHICS	<input type="checkbox"/>	1
<input type="checkbox"/>	10SH - Mind Body Connection: Helping Students with Body Dysregulation as a Result of Trauma	<input type="checkbox"/>	1
<input type="checkbox"/>	10SP - "What Are You" Considerations for Counseling Racially Ambiguous Clients	<input type="checkbox"/>	1
Session 11 (1:30 pm – 2:30 pm) - Mark title of session 11 attended			
<input type="checkbox"/>	11AS - Mental Health Counselors' Perceptions on Preparedness in Integrated Behavioral Healthcare in Underserved Areas	<input type="checkbox"/>	1
<input type="checkbox"/>	11CC - Increasing Multicultural Competence Through Social Justice Work	<input type="checkbox"/>	1
<input type="checkbox"/>	11CEC - Assessing Multicultural Orientation in Graduate Counseling Students through Study Abroad Experiences	<input type="checkbox"/>	1
<input type="checkbox"/>	11CSE - Vicarious Trauma: What Supervisors Need to Know CLINICAL SUPERVISION	<input type="checkbox"/>	1
<input type="checkbox"/>	11SH - Advancing Career Development and Promoting SEL Through Service Learning	<input type="checkbox"/>	1
<input type="checkbox"/>	11SP - Counseling Implications for Police Officers and Their Romantic Partners	<input type="checkbox"/>	1
Session 12 (2:45 pm – 3:45 pm) - Mark title of session 12 attended			
<input type="checkbox"/>	12AS - The Eyes & Ears of Therapy (Comparing and Contrasting Eye Movement Desensitization and Reprocessing to other Therapeutic Modalities)	<input type="checkbox"/>	1
<input type="checkbox"/>	12CC - The Action of Allyship: Effective Strategies for Advocacy in Communities of Color	<input type="checkbox"/>	1
<input type="checkbox"/>	12CEC - A Preliminary Exploration of the Effects of Emotional Intelligence and Collective Cultural Identity of Hispanics and Latinos on Supervision Experiences in Counselor Training	<input type="checkbox"/>	1
<input type="checkbox"/>	12CSE - Culturally-Sensitive Mentorship through the Lens of Acceptance and Commitment Therapy CLINICAL SUPERVISION	<input type="checkbox"/>	1
<input type="checkbox"/>	12SH - School Counselors & Administrators: Partners in School Crises	<input type="checkbox"/>	1
<input type="checkbox"/>	12SP - The Rainbow of Recovery: Counseling LGBTQ+ Clients with Substance Use Struggles	<input type="checkbox"/>	1
Session 13 (4:00 pm – 5:00 pm) - Mark title of session 13 attended			
<input type="checkbox"/>	13AS - Choosing Stillness in the Midst of Chaos: Practicing Mindfulness in Times of Uncertainty	<input type="checkbox"/>	1
<input type="checkbox"/>	13CC - Jim Crow Poverty and Covid-19: Different Results of the Same Disparities	<input type="checkbox"/>	1
<input type="checkbox"/>	13CEC - Co-teaching in Counselor Education: Effectively Preparing Future Instructors	<input type="checkbox"/>	1
<input type="checkbox"/>	13CSE - Gatekeeping is a Team Sport CLINICAL SUPERVISION	<input type="checkbox"/>	1
<input type="checkbox"/>	13SH - The impact of frequent relocations on military children, a retrospective study	<input type="checkbox"/>	1
<input type="checkbox"/>	13SP - Metaphors, Marriage, and Counseling: Helping Couples Succeed	<input type="checkbox"/>	1
Session 14 (7:00 pm – 8:00 pm)			
<input type="checkbox"/>	14ARDTF - VCA Anti-Racism and Diversity Task Force Panel Discussing Racism, Racial Trauma in Counseling	<input type="checkbox"/>	1

Program Sessions 11/14/2020			CE Hours
Session 15 (8:00 am - 9:00 am)			
<input type="checkbox"/>	15GC - Morning Mindfulness Practice Group	<input type="checkbox"/>	1
Sessions 16 & 17 (9:00 am – 10:00 am) - Mark title of session 16 or 17 attended			
<input type="checkbox"/>	16VASC - A Leader's Journey to Social Justice Advocacy	<input type="checkbox"/>	1
<input type="checkbox"/>	17AS - Generation Zoomers: Blending Technique and Technology to Serve Clients with Evolving Expectations and Needs	<input type="checkbox"/>	1
<input type="checkbox"/>	17CC - We Can Help: Social Justice on Campus	<input type="checkbox"/>	1
<input type="checkbox"/>	17CSE - We Matter: Navigating Life as a Counselor Educator of Color	<input type="checkbox"/>	1
<input type="checkbox"/>	17SP - Sibling Sexual Abuse: How to Help Families Confronting America's Silent Epidemic	<input type="checkbox"/>	1
Session 18 (10:15 am – 11:15 am) - Mark title of session 18 attended			
<input type="checkbox"/>	18AS - Couples vs. Relational? The Need for an Inclusive Rebrand of Relational Counseling Programs	<input type="checkbox"/>	1
<input type="checkbox"/>	18CC - Race-based Trauma: Approaches and Implications for Counselors	<input type="checkbox"/>	1

<input type="checkbox"/>	18CSE - The Ethical Behavior of Counselors: Personally and Professionally	ETHICS	<input type="checkbox"/>	1
<input type="checkbox"/>	18SP - The Cultural Implication of Transgenerational Trauma: The Misdiagnosis of African American Youth		<input type="checkbox"/>	1
Session 19 (11:30 am - 12:30 pm) - Mark title of session 19 attended				
<input type="checkbox"/>	19AS - Sacred Serotonin		<input type="checkbox"/>	1
<input type="checkbox"/>	19CC - Examining the Impact of Intergenerational Trauma on Black Family Functioning		<input type="checkbox"/>	1
<input type="checkbox"/>	19CEC - Developing Professional Behavior of counselors and mental health clinicians from the classroom to the workplace		<input type="checkbox"/>	1
<input type="checkbox"/>	19CSE - Virginia Board of Counseling Supervisors' Summit	CLINICAL SUPERVISION	<input type="checkbox"/>	1
<input type="checkbox"/>	19SH - You Matter! Using the School Counseling Professional Standards and Competencies to Plant Seeds of Growth		<input type="checkbox"/>	1
<input type="checkbox"/>	19SP - Discussing Weight in a Therapeutic Setting		<input type="checkbox"/>	1
Total CE Hours				
			Total CE Hours – 11/12/2020	___/7
			Total CE Hours – 11/13/2020	___/8
			Total CE Hours – 11/14/2020	___/4
			Total CE Hours	___/19

Documentation for Virginia Licensure / Clinical Supervision

Total Ethics Hours _____
Total Clinical Supervision Hours _____

Note to Certificant: Credit can be granted for your participation in sessions that focus on increasing knowledge and/or skills in the practice of counseling. Only request credit for sessions/events attended in their entirety. This documentation should be kept in your LPC continued competency file for annual licensure renewal or in your NBCC supplied continuing education file. Include the final convention program with your form for identification and description of specific sessions.

Participant Verification: I attest that the above information accurately reflects my attendance at the stated activity or activities.

Participant's Signature: _____ **Date:** _____

Authorized Signature: *Vicky J. Wheeler* **Date: November 14, 2020**
Vicky J. Wheeler, VCA Director, Member Services & Operations



Approved Provider
Virginia Counselors Association
NBCC Provider # 2047

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